

Time Out New York

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The light stuff

What color is the Empire State Building tonight?

Friday 23-Monday 26

Fat kids get picked on. They're also more likely to develop serious health problems. One of those is the reason that nonprofit organization Body Sculpt New York is holding the Health and Fitness Expo for Children on Saturday 24 (see www.bodysculpt.org). And the expo is the reason the lights are blue and red.